

MON	TUE	WED	THU	FRI	SAT	SUN
FUNCTIONAL TRAINING 07:00 – 8:00		FUNCTIONAL TRAINING 07:00 – 8:00		FUNCTIONAL TRAINING 07:00 – 8:00		
FUNCTIONAL TRAINING 13:00 – 14:00		FUNCTIONAL TRAINING 13:00 – 14:00		FUNCTIONAL TRAINING 13:00 – 14:00		
	KICK BOXING KIDS 17:00– 18:00			KICK BOXING KIDS 17:00– 18:00		
FUNCTIONAL TRAINING 17:30– 18:30	FUNCTIONAL TRAINING 18:00– 19:30	FUNCTIONAL TRAINING 17:30– 18:30	FUNCTIONAL TRAINING 18:00– 19:30	FUNCTIONAL TRAINING 18:00– 19:30		
FUNCTIONAL TRAINING 18:30– 19:30		FUNCTIONAL TRAINING 18:30– 19:30				

FITNESS DIVISION

CORSI 2026 – 2027